Summary of Results. The shuffle model of differential privacy has attracted attention in the literature due to it being a middle ground between the well-studied central and local models. In this work, we study the problem of summing (aggregating) real numbers or integers, a basic primitive in numerous machine learning tasks, in the shuffle model. We give a protocol achieving error arbitrarily close to that of the (Discrete) Laplace mechanism in central differential privacy, while each user only sends $1 + o(1)$ short messages in expectation.